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Pastor; Fr. Walter Pasicznyk CELL PHONE NUMBER: (570)-406-5882
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Divine Liturgy Schedule

March 11, 2023 A. D.

Slava Isusu Christu! Slava Na Viki!
Glory to Jesus Christ! Glory Forever!



Saturday, March 11

8:00 AM

9:00 AM

6:00 PM

THIRD SUNDAY OF GREAT FAST

SOROKOUSTY

God's Blessings on America - Tom & MaryAnn Potsko

†Ihor Pasicznyk- Wife, Olympia Pasicznyk

DAYLIGHT SAVINGS TIME *****

Sunday, March 12

10:30 AM

11:45AM

2:00 PM

THIRD SUNDAY OF GREAT FAST

†George Sailus- Marianne Sailus

COFFEE HOUR

ADULT DISCUSSION GROUP: LENTEN PRACTICES

Wednesday, March 15

6:30 PM

Liturgy of PreSanctified Gifts (Transfiguration)

Friday, March 17

4:00 PM

Saint Peter & Paul Church (Plymouth)

Liturgy of PreSanctified Gifts

Saturday, March 18

8:00 AM

9:00 AM

6:00 PM

FOURTH SUNDAY OF GREAT FAST

SOROKOUSTY

God's Blessings on America - Tom & MaryAnn Potsko

†John Hoolick- Hoolick Family

Sunday, March 19

10:30 AM

1:00 PM

FOURTH SUNDAY OF GREAT FAST

†Andrew Kobela- Wife Debbie and daughter, Melanie

ADULT DISCUSSION GROUP: ST. MICHAEL & THE ANGELS

SS. PETER & PAUL CHURCH (20 Nottingham Street, Plymouth)

Saturday Liturgy 4:00 PM

Sunday Liturgy 8:30 AM

VENERATION OF THE HOLY CROSS
THIRD SUNDAY OF GREAT FAST
March 12, 2023

FIRST ANTIPHON:

Bless the Lord, O my soul and let all that is within me bless His Holy Name.
Bless the Lord, O my soul and forget not all His benefits.
He forgives you all your iniquities, He heals all your diseases.
He redeems your life from corruption, He crowns you with mercy and compassion.
Compassionate and merciful is the Lord, long-suffering and abounding in mercy. Bless
the Lord, O my soul, and all that is within me bless His Holy name, Blessed are You, O Lord.

THIRD ANTIPHON:

Remember us, O Lord, in Your Kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are they who mourn, for they will be comforted.
Blessed are the meek, for they will inherit the land.
Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.
Blessed are the merciful, for they will be shown mercy.
Blessed are the pure of heart, for they will see God.
Blessed are the peace-makers, for they will be called sons of God.
Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.
Blessed are you when they insult you and persecute you, and utter every kind of evil word
against you falsely because of Me.
Rejoice and be glad for your reward will be great in heaven.

TROPAR: By Your cross You destroyed death; You opened Paradise to the thief; You
changed the lamentation of the myrrh-bearers to joy, and charged the apostles to
proclaim that You are risen, O Christ our God, offering great mercy to the world.

TROPAR: Save Your people, O Lord, and bless Your inheritance. Grant victory to Your
faithful people against enemies, and protect Your community by Your cross.

**Glory be to the Father and to the Son and to the Holy Spirit. Now and forever and ever.
Amen.**

KONDAK: No longer does the flaming sword guard the gate of Eden; the tree of the Cross has quenched its flames gloriously. The sting of death and the victory of Hades are banished, and You O my Savior came and called to those in Hades: “Return again to Paradise!”

INSTEAD OF “HOLY GOD”: To your cross, O Master, we bow in veneration, and we glorify your holy resurrection. (3x.) Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen. And we glorify Your Holy Resurrection. To your cross, O Master, we bow in veneration, and we glorify your holy resurrection.

PROKIMEN: Save Your people, O Lord, and bless Your inheritance. verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. Save Your people, O Lord, and bless Your inheritance.

A reading of the Epistle from the Holy Apostle Paul to the Hebrews 4:14-5:6:



Brethren, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Every high priest is selected from among the people and is appointed to represent the people in matters related to God, to offer gifts and sacrifices for sins. He is able to deal gently with those who are ignorant and are going astray, since he himself is subject to weakness. This is why he has to offer sacrifices for his own sins, as well as for the sins of the people. And no one takes this honor on himself, but he receives it when called by God, just as Aaron was. In the same way, Christ did not take on himself the glory of becoming a high priest. But God said to him, “You are my Son; today I have become your Father.” And he says in another place, “You are a priest forever, in the order of Melchizedek.”



ALLELUIA: Alleluia(3). Remember Your congregation which You acquired from the beginning. Alleluia(3). But God is our king before the ages; He has wrought salvation in the midst of the earth. Alleluia(3).

A Reading from the Gospel of Mark 8:34-39:



The Lord said: "If anyone wishes to come after me, let him deny himself, and take up his cross and follow me. For he who would save his life will lose it; but he who loses his life for my sake and for the gospel's sake will save it. For what does it profit a man, if he gain the whole world, but suffer the loss of his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes with the holy angels in the glory of his Father." And he said to them, "Amen I say to you, there are some of those standing here who will not taste of death, till they have seen the kingdom of God coming in power."

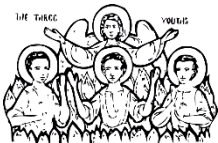
INSTEAD IF "IT US TRULY RIGHT...": In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

COMMUNION HYMN: Let the light of Your countenance, O Lord shine upon us. Alleluia, alleluia, alleluia.



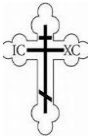
**Krestu Tvojemu poklanajemsja Vladyko,
I svjatoje voskressenije tvoje slavim.(3 times)**

**To your cross, O Master, we bow in veneration, and
we glorify your holy resurrection.**



Petitions & Prayers for Our Parishioners: Please pray for our Parishioners **Assisted Living:** Mary Hoolick. **At Home:** Geraldine Adamchak; Helen Bogdan, Dolores Miller, Arlene Czarnecki, Mary Louise Bailey. **Away:** Leona Kobela. **Prayer Request:** Michelle Miller; Kerri; Ellen Kobela, Fr. Peter Waslo; Sister Evhenia Prusnay MSMG; Mary Oresick; Fr. Paul Wolensky, Pavlyk Motychka (baby in Ukraine with SMA); Rita Kurtz, Joyce Kishbaugh, Ken Weber; Marie Slota; Ted Weron, Fr. Gregory Maslak, Angel Ocasio, Elizabeth Biasci.

CHURCH NEWS



SYMPATHY: Please remember in your prayers the soul of **Sr. Martin Rodko** who fell asleep in the Lord. May our Lord grant her rest in the bosom of Abraham, may she be numbered among the saints, and may her memory be eternal. Vichnaya Pamyat. May Her Memory Be Eternal. Our deepest sympathies are extended to the Rodko and Longenberger Families. Funeral arrangements pending.



COFFEE HOUR! This Sunday we will have coffee hour for all our March Birthdays! Please join us!

DAYLIGHT SAVINGS TIME: Please keep in mind that Daylight Savings time begins Sunday, March 12. Please set your clocks ahead one hour on Saturday, March 11th before you go to bed. Clocks will “spring “ forward.

CHURCH ENVELOPES & CALENDARS: The church envelope supplier is experiencing a delay in printing the envelopes. Please use a utility envelope in the back of the church or a blank envelope in place of them always putting your full name on the envelope. **Please remember dues are \$40 for individuals and \$80 for a family.**

CLEANING SERVICES: Do you need someone to help with housekeeping or to clean your house? Call Rita at (484)-651-5551. (Rita is one of our parishioners.)

LENTEN ADULT DISCUSSION GROUP: DO YOU WANT TO DO SOME EXTRA SPIRITUAL WORK FOR LENT? There will be a **Topic Based** Lenten Adult Discussion Group available for **both** parishes. The discussion will be topic based and the group will meet for Lent. Come to one group meeting or all the group meetings, each week will be different. We will have a meeting after coffee hour this week at 2:00PM.

SOROKOUSTY: The next Sorokousty (All Souls Saturday) is Saturday, March 18th at 8:00AM at Transfiguration of Our Lord Church. To remember your loved one at the Service, please use the envelope in your box OR create one to hand in using an envelope and turn in your loved ones names to the collection. The remaining Sorokousty is May 27th.

LENTEN LIBRARY: Will be available to Parishioners for reading in the Lenten Season. Please make sure you **sign out** the books and return them in good condition.



PYROHY MAKING: We will be making pyrohy next week, Saturday, March 18th at 8:30AM. Please come out and help.



MARCH CANDLES

The Altar Candles are given by Tom & MaryAnn Potsko

In loving memory of Theodore Kulmatiski.

The Eternal Light is given by Lisa Placek

For God's Blessings on Marc Lipowski.

The St. Nicholas Candle is given by Lisa Placek

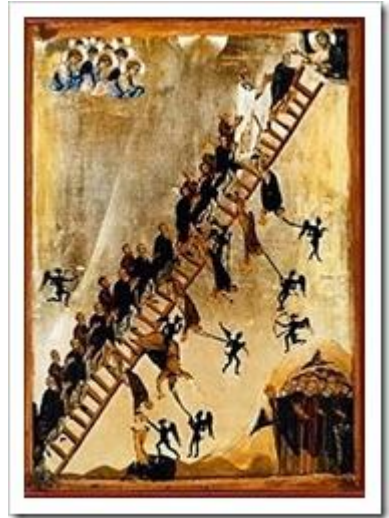
for God's Blessings on Nikolas & Benjamin.

The Candle Before the Icon of Christ is given by the Olympia Pasicznyk

In loving memory of Pavlo & Francis Kuczeniawie.

ST. JOHN CLIMACUS - THE RUNGS OF HIS LADDER OF DIVINE ASCENT By St. John of the Ladder (4th Sunday of Lent)

- Step 1. On renunciation of the world
- Step 2. On detachment
- Step 3. On exile or pilgrimage
- Step 4. On blessed and ever-memorable obedience
- Step 5. On painstaking and true repentance
- Step 6. On remembrance of death
- Step 7. On joy-making mourning
- Step 8. On freedom from anger and on meekness
- Step 9. On remembrance of wrongs
- Step 10. On slander or calumny
- Step 11. On talkativeness and silence
- Step 12. On lying
- Step 13. On despondency
- Step 14. On that clamorous mistress, the stomach
- Step 15. On incorruptible purity and chastity
- Step 16. On love or money, or avarice
- Step 17. On non-possessiveness (that hastens one Heavenwards)
- Step 18. On insensibility
- Step 19. On sleep, prayer, and psalmody with the brotherhood
- Step 20. On bodily vigil and how to use it to obtain spiritual vigil.
- Step 21. On unmanly and puerile cowardice
- Step 22. On the many forms of vainglory
- Step 23. On mad pride and unclean blasphemous thoughts
- Step 24. On meekness, simplicity and guilelessness
- Step 25. On the destroyer of passions, most sublime humility
- Step 26. On discernment of thoughts, passions and virtues
- Step 27. On holy stillness of body and soul
- Step 28. On holy and blessed prayer
- Step 29. Concerning Heaven on earth, or Godlike dispassion and perfection
- Step 30. Concerning the linking together of the supreme trinity among the virtues



"The lessening of evil breeds abstinence from evil; and abstinence from evil is the beginning of repentance; and the beginning of repentance is the beginning of salvation; and the beginning of salvation is a good resolve; and a good resolve is the mother of labors. And the beginning of labors is the virtues; and the beginning of the virtues is a flowering, and the flowering of virtue is the beginning of activity. And the offspring of virtue is perseverance; and the fruit and offspring of persevering practice is habit, and the child of habit is character. And good character is the mother of fear; and fear gives birth to the keeping of commandments in which I include both Heavenly and earthly. And the keeping of the commandments is a sign of love; and the beginning of love is an abundance of humility; and an abundance of humility is the daughter of dispassion; and the acquisition of the latter is the fullness of love, that is to say, the perfect indwelling of God in those who through dispassion are pure in heart, for they shall see God. And to Him the glory for all eternity. Amen" (*from Step 27*) *from His Grace Bishop Basil*

"In the midst of our busy schedules, it can be difficult to know what our spiritual reading ought to be during the Lenten season. The Byzantine tradition lifts up one particular book for the faithful to consider during the Great Fast (as Lent is known in the East). It is *The Ladder of Divine Ascent* by St. John Climacus. [[Ladder of Divine Ascent, Revised Edition: Saint John Climacus: 9780943405032: Amazon.com: Books](#)] This work has been read by Eastern monastics for centuries and it has much spiritual wisdom to impart to us today. I would challenge my readers to consider *The Ladder* as a "guidebook" for your Lenten journey. "*The Ladder of Divine Ascent* has 30 "steps" or "rungs" to describe the journey of the soul toward God. These steps are particularly aimed at monastics but the spiritual treasures in each step apply to every state in life. St. John does not write in a modern manner, with introduction, body, and conclusion; rather, each paragraph in the step is a stand-alone thought. This makes *The Ladder* perfect for quick reading. It can also be read randomly, perhaps turning to a section of interest or a section covering a particular vice that you struggle with. What you'll encounter is monastic wisdom for growth in the spiritual life. You'll read stories of St. John's encounters with other monasteries and other monks. For example, you'll read about Isidore, a proud man of magisterial rank, who was told by the Abbot of a monastery that he wished to enter, to make a prostration to everyone he encountered with a loud request to the stranger, "Pray for me, father, I am an epileptic" (*Ladder*, 4:23). In this way, Isidore was broken of the pride of his former high rank and was accepted by the brethren. "In "Step 5" you read about one monastery called "The Prison," an ancient monastery for the rehabilitation of the worst sinners. In reading it, there is a temptation to say with the Pharisee, "God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax collector" (Luke 18:11),

but with the eyes of faith we read and are convicted of the need of true repentance — and isn't that what Lent is really about! You'll read of the need to renounce the world and make room for Christ alone. You'll read of the dangers of avarice and lust and the need for meekness and humility. You'll read of the gift of "stillness," the gift of a soul unmoved by bodily passions and focused on the love of God alone. There are so many treasures in *The Ladder of Divine Ascent* that I never tire of going back to it year after year." Retrieved March 7, 2021, from ['The Ladder of Divine Ascent' is a Perfect Guidebook for Lent | National Catholic Register \(ncregister.com\)](#)