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Divine Liturgy Schedule
March 20, 2022

Saturday, March 19
6:00 PM

THIRD SUNDAY OF GREAT LENT
Conversion of Heart for Vladimir Putin- Helen & Lisa Lipowski

Sunday, March 20
10:30 AM
3:00 PM

THIRD SUNDAY OF GREAT LENT
 God's Blessings & Good Health on all Parishioners
 Lenten Vespers

Monday, March 21

READ Isaiah 14:24-32

Tuesday, March 22

READ Isaiah 25:1-9

Wednesday, March 23
6:30 PM

Liturgy of Presanctified Gifts (Transfiguration)

Thursday, March 24

READ Isaiah 28:14-22

Friday, March 25
10:30 AM

FEAST OF THE ANNUNCIATION- Holy Transfiguration
 †Anna Kutsup- Helen Lipowski

Friday, March 25
4:00PM

Saint Peter & Paul Church (Plymouth)
Liturgy of Presanctified Gifts

Saturday, March 26
8:00 AM

THE LEAVE-TAKING OF THE FEAST OF THE ANNUNCIATION
Prayer for the People of Ukraine- Helen & Lisa Lipowski

6:00 PM

FOURTH SUNDAY OF GREAT LENT

Sunday, March 27

†Marge Yanoshak- Andy & Phyllis Kulmatiski

10:30 AM

FOURTH SUNDAY OF GREAT LENT

3:00 PM

God's Blessings & Good Health on all Parishioners
 Lenten Vespers



Petitions & Prayers for Our Parishioners: Please pray for our Parishioners **Assisted Living:** Mary Hoolick.. **At Home:** Geraldine Adamchak; Helen Bogdan, Dolores Miller, Arlene Czarnecki, Mary Louise Bailey, Josephine Latoszewski **Away:** Leona Kobela. **Prayer Request:** Michelle Miller; Kerri; Ellen Kobela, Sister Martin Rodko; Fr. Uriy Markewych; Fr. Peter Waslo; Bishop John Bura Emeritus; Sister Evhenia Prusnay MSMG; Mary Oresick; Fr. Paul Wolensky, Pavlyk Motychka (baby in Ukraine with SMA); Rita Kurtz, Joyce Kishbaugh, Ken Weber; Marie Slota; Ted Weron.

**THIRD SUNDAY OF GREAT LENT
VENERATION OF THE HOLY CROSS**

March 20, 2022

{The Divine Liturgy of our Father among the Saints Basil the Great is celebrated ten times per year: January 1(Feast of Saint Basil); December 24(Christmas Eve); January 5(Theophany Eve); First thru Fifth Sundays of Lent (not Palm Sunday); and Holy Thursday & the Virgil Liturgy of Easter Sunday.}

FIRST ANTIPHON: IN PLACE OF “SHOUT TO THE LORD” ...

Remember us, O Lord, in Your Kingdom.

Bless'd are the poor in spirit, for theirs is the kingdom of heaven.

Bless'd are they who mourn, for they will be comforted.

Bless'd are the meek, for they will inherit the land.

Bless'd are they who hunger and thirst for righteousness,
For they will be satisfied.

Bless'd are the merciful, for they will be shown mercy.

Bless'd are the pure of heart, for they will see God.

Bless'd are the peacemakers, for they will be called sons of God.

Bless'd are they who are persecuted for the sake of righteousness, for
theirs is the kingdom of heaven.

Bless'd are you when they insult you and persecute you, and utter every kind of
evil word against you falsely because of Me.

Rejoice and be glad for your reward will be great in heaven.



Glory Be to the Father: Only Begotten Son ...

TROPAR: When You went down to death, O Life Immortal, You struck Hades dead with the blazing light of Your divinity. When You raised the dead from the nether world, all the powers of heaven cried out: “O Giver of Life, Christ our God, glory be to You!”

TROPAR: Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit. Now and forever and ever. Amen.

KONDAK: No longer does the flaming sword guard the gate of Eden; the tree of the Cross has quenched its flames gloriously. The sting of death and the victory of Hades are banished, and You O my Savior came and called to those in Hades: “Return again to Paradise!”

INSTEAD OF “HOLY GOD”: To your cross, O Master, we bow in veneration, and we glorify your holy resurrection. (3x.) Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen. And we glorify Your Holy Resurrection. To your cross, O Master, we bow in veneration, and we glorify your holy resurrection.

PROKIMEN: Save Your people, O Lord, and bless Your inheritance. verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. Save Your people, O Lord, and bless Your inheritance.

A reading of the Epistle from the Holy Apostle Paul to the Hebrews 4:14-5:6:

Brethren, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Every high priest is selected from among the people and is appointed to represent the people in matters related to God, to offer gifts and sacrifices for sins. He is able to deal gently with those who are ignorant and are going astray, since he himself is subject to weakness. This is why he has to offer sacrifices for his own sins, as well as for the sins of the people. And no one takes this honor on himself, but he receives it when called by God, just as Aaron was. In the same way, Christ did not take on himself the glory of becoming a high priest. But God said to him, “You are my Son; today I have become your Father.” And he says in another place, “You are a priest forever, in the order of Melchizedek.”

ALLELUIA: Alleluia (3). Remember Your congregation which You acquired from the beginning. Alleluia (3). But God is our king before the ages; He has wrought salvation in the midst of the earth. Alleluia (3).

A reading from the Gospel of Mark 3:34-39:



The Lord said: "If anyone wishes to come after me, let him deny himself, and take up his cross and follow me. For he who would save his life will lose it; but he who loses his life for my sake and for the gospel's sake will save it. For what does it profit a man, if he gain the whole world, but suffer the loss of his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes with the holy angels in the glory of his Father." And he said to them, "Amen I say to you, there are some of those standing here who will not taste of death, till they have seen the kingdom of God coming in power."

INSTEAD OF "IT US TRULY RIGHT...": In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

COMMUNION HYMN: Let the light of Your countenance, O Lord shine upon us. Alleluia, alleluia, alleluia.



**Krestu Tvojemu poklanajemsja Vladyko,
I svjatoje voskressenije tvoje slavim.(3 times)**

To your cross, O Master, we bow in veneration, and
we glorify your holy resurrection.



CONFESSION: Let us prepare our souls by making good Confession and receiving Communion. Holy Confession will be held before Divine Liturgy or after Divine Liturgy, if necessary. Confessions will be held before the Pre-Sanctified Liturgy and by appointment.

MEMORIAL DONATIONS

A donation was made by Shirley Kozar in
memory of Anna Kutsup.

A donation was made by Ann Romano in
memory of Margaret Yanoshak.

A donation was made by Theresa Kolansky in
memory of Margaret Yanoshak.

A donation was made by Ellen Alqrainy in
memory of Anna Kutsup to the Cemetery Fund.

A donation was made by MaryAnn Medlin in
memory of Anna Kutsup.

A sincere Thank You for the donations that were given in
memory of the deceased to our Parish.



MARCH CANDLES

The **Altar** Candles are given by
Olympia Pasicznyk in loving memory of her husband, Ihor.

The **Candle before John the Baptist** is given by
Olympia Pasicznyk & Family in loving memory of Francis Kuczeriawa.

The **Eternal Light** is given by Ellen Alqrainy
For the people of Ukraine.

The **Proscomedia Table** is given by Ellen Alqrainy
In loving memory of Ann Kutsup.

The **Candle Before Christ** is given by MaryAnn Jarolen
For the Deceased Members of the Hvozda and Frankowski Families.

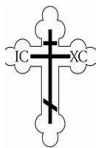
The **Icon Table Candle before the Theotokos** is Given by Lisa Placek
& Helen Lipowski for all the Families in Ukraine.

The **St. Nicholas Candle** is given the Lisa Placek
in loving memory of Anna Kutsup.



“Let My Prayer Rise up”

Let my prayer rise up, Like incense before You; The lifting of my hands, As an evening sacrifice. Lord, I call to You, hear me; attend to the voice of my prayer when I cry to You. Let my prayer rise up, Like incense before You; The lifting of my hands, As an evening sacrifice. Set, O Lord, a watch before my mouth and a door of enclosure around my lips. Let my prayer rise up, Like incense before You; The lifting of my hands, As an evening sacrifice. Incline not my heart unto words of evil, to make excuses for my sins. Let my prayer rise up, Like incense before You; The lifting of my hands, As an evening sacrifice.



SYMPATHY: It is with deep sorrow that we remember in our prayers our brother and cantor Michael Kane who fell asleep in the Lord on Saturday, March 19. May Our Lord grant him rest in the bosom of Abraham, may he be numbered among the saints, and may his memory be eternal. Vichnaya Pamyat. May His Memory Be Eternal. Our deepest sympathies are extended to the Kane Family. Services are pending from Saint Peter & Paul Church in Plymouth.



IT'S NEXT WEEK!!! BREAKFAST PROJECT: We will have a “Ukrainian Breakfast” on **Saturday, March 26** from 8am to Noon. The Breakfast will feature **Eggs, Sausage & Pyrohy** with butter and onions, rolls, & beverage. Tickets are available by calling 570-735-4654. Tickets will be available at the door for \$10.00. We will also feature a **Bake Sale** in conjunction with this fundraiser.
DO YOU HAVE YOUR TICKETS?!



BREAKFAST HELP & BAKE SALE: KEEP IN MIND THAT HELP WILL BE NEEDED SERVING BREAKFAST (7:00-7:30AM) AND THE DONATION OF BAKED GOODS FOR OUR FUND-RAISER on March 26. Please remember to cut and wrap your baked goods so they are ready to purchase for the Bake Sale.



SAINT NICHOLAS HOAGIE SALE: Saint Nicholas Ukrainian Catholic Church, Glen Lyon is holding a Vegetable Soup and Turkey, Ham/Cheese & Italian hoagie sale on Thursday, March 24 from 11AM to 4PM in Church Hall. The cost of a hoagie is \$8.00 and for a quart of soup is \$8.00. **Orders can be placed by calling Debbie at 570-736-6908 by Sunday, March 20, 2021.**

*****FROM THE TYPICON:** Fourth All Souls Saturday, March 26, 2022. Normally the fourth All Souls Saturday is observed on this Fourth Saturday of the Great Fast. It is not observed this year, because it is replaced by **The Leave-Taking of The Feast of the Annunciation**. A Panahyda may be celebrated for the faithfully departed, if the Parish Priest feels it is pastorally appropriate. The prescription for this Feast Day is found in the Typikon. **PANAHYDA will follow Liturgy.** The next All Soul's Saturday is June 4th, 2022.

Prayer For Peace in Ukraine

Heavenly Father, You Son taught us "Blessed are the peacemakers for they shall be called the sons of God." We fervently pray in the name of the Father, Son and Holy Spirit, that you inspire men to become peacemakers. May mankind seek reconciliation and peace as is Your Will in this world. May tranquility be restored to all nations and especially Ukraine. God, Our Father, we beseech You to comfort the suffering, heal the wounded, and accept the souls of the dearly departed into Your heavenly kingdom. May the Most Holy Mother of God extend Her Mantle of Protection over Ukraine and the whole world. May each of us always live our lives as instruments of Your peace, in the name of the Father and the Son and the Holy Spirit. Amen.



ASK FATHER A QUESTION... Father, if the focus of our Eastern faith is "Resurrection" and not the "Agony of the Cross" why have Lent at all? The Feast of Resurrection does not come without the journey that precedes it. Lent is a forty-day period to remind us that the journey to salvation begins with preparation (i.e. prayer, fasting, alms giving, contemplation). If you notice the calendar in the back of the church, placed by Father Walter, this provides all the readings for Matins (morning prayer) and Vespers (evening prayer) throughout all of Lent and Holy Week. You will see that we read the following books almost in completion, Genesis, Exodus, Psalms, Proverbs and Isaiah. Just as you are beginning a long journey in this life by first looking at a map and charting the path you will take and perhaps write out your directions, Lent is likewise our spiritual preparation for the journey to heaven. You will notice that in Genesis and Exodus there is part of the history of the salvation of mankind. In Isaiah, you will notice that the history of salvation is told in completion, what has been done, what is being done, and what will be done. If we follow these directions, in humility, we will end up in heaven. If we ignore these directions, in human arrogance, we will end in hell. Lent in preparing for our resurrection is a surrendering of our will to the will of God. We especially prepare for the Feast of all Feasts, Resurrection of Our Blessed Lord and Savior Jesus Christ, just as we are preparing for Judgement Day, our Eternal Feast of Resurrection which is our planned last step of our life's journey.



IF YOU WISH TO DONATE TO UKRAINE THROUGH THE CHURCH - AID FOR UKRAINE:

Our Metropolitan invites you to make donations to the Humanitarian Aid Fund for Ukraine. This can be done as follows:

1. Write a check to the “Ukrainian Catholic Archdiocese of Philadelphia” and send it to the office at 810 North Franklin Street, Philadelphia PA 19123. Please write on the check “Humanitarian Aid Fund for Ukraine”;
2. When the pastor announces the collection in the parish, leave your donation in the parish basket, which will then be transferred to the Philadelphia office along with other donations.
3. You can donate on the Philadelphia Archdiocese’s website www.ukrarcheparchy.us, and click on **Donate through PAYPAL** and select **“WAR VICTIMS AND HUMANITARIAN CRISIS IN UKRAINE”**; Encourage local financial and other institutions to make contributions.

There are no small or large donations. But your donation can change someone’s life for the better. The Lord God will repay the happy donor a hundredfold. Pray for the people of the war victims! May the Lord bless you and our brothers and sisters in Ukraine!

OR <https://ukrarcheparchy.us/archeparchy-news/metropolia-invites-you-to-make-donations-to-the-humanitarian-aid-fund-for-ukraine>.

UKRAINIAN AID: The USCCB has designated the Lenten Collection for the Church in Central and Eastern Europe as the source of funding for humanitarian aid for the war in Ukraine. The USCCB will continue to work with their established networks in Ukraine and in the surrounding countries. So far they have sent funding to Caritas Ukraine, to provide basic supplies and training for local volunteers; the Archeparchy of Kyiv, for first aid, food and shelter; the Patriarchal Curia of the Ukrainian Greek Catholic Church, for equipment for satellite communications to maintain contact with their priests and religious. Donations can be made to the church and they will be forwarded to the Archdiocese of Philadelphia. **Please put the “Church in Eastern Europe” on the memo line of the check.**

PRAYER FOR UKRAINE (lyrics)- Mykola Lysenko



Lord, oh the Great and Almighty,
Protect our beloved Ukraine,
Bless her with freedom and light
Of your holy rays.

With learning and knowledge enlighten
Us, your children small,
In love pure and everlasting
Let us, oh Lord, grow.

We pray, oh Lord Almighty,
Protect our beloved Ukraine,
Grant our people and country
All your kindness and grace.

**Bozhe velykyi, yedynyi
Nam Ukrainu khrany
Voli i svitu prominniam
Ty yii osiny
Svitlom nauky i znannia
Nas, ditey, prosvity
V chystii liubovi do kraiu
Ty nas, Bozhe, zrosty**

**Molymos', Bozhe yedynyi
Nam Ukrainu khrany
Vsi svoi lasky y shchedroty
Ty na liud nash zverny**

PRAYER IN OUR PARISHES AND IN OUR FAMILIES (AN EXCERPT)

BY FR. MICHAEL WINN (REPRINTED WWW.ROYAL DOORS.NET)

.... In speaking about our prayer life, we have to admit that we all have difficulty. Very often we imagine an image of God that is incorrect and generates a fear of Him within us; a fear that the Lord will make demands of us or take something we possess away from us. Often, we don't want to pray because prayer is an encounter with God, like a mirror in which we are afraid to see ourselves in the reality of our true state. In a similar way, a sick person is often afraid to visit his doctor because he is afraid of the diagnosis he may make. In the Ukrainian language, there is a saying that "what the eyes don't see will not pain the heart". From our experience, it is possible to analyze and measure everything that touches our physical life. It is the same with prayer, inasmuch as we can measure how much time we dedicate to praying. We have 24 hours in our day, and seven days in our week, totaling 168 hours. The average parishioner in our church spends around 1.5 hours in church on Sunday. Hopefully, he also spends at least 5 – 7 minutes in prayer morning and evening – another 1.5 hours. Together this makes 3 hours of prayer in a week. However, is this truly the case? If so, this paints a sad picture of our prayer life. According to this measure, we give only 2% of our time to God, while we devote 98% of our time to our earthly life and cares, which sooner or later we will have to leave behind at any rate. The average Protestant Christian, by example, spends 4 hours a week in church, not counting private prayer at home. Yet, for us, if the Sunday Divine Liturgy stretches a little beyond an hour, we complain that it is too long! An observant Jew spends a half hour in prayer in the morning and another half hour in the evening in addition to six hours in the synagogue on the Sabbath. We know also that the majority of Muslims pray 5 – 7 times daily from ten to 30 minutes. Just think – all of this comprises from one to three and a half hours daily. How often and how long do we pray on a daily basis? In fact, Muslims adopted the practice of praying 7 times a day from Christians. Today in our Church, the practice of praying 7 times during the course of a day remains only in monasteries. Are we faithfully investing our time? Certainly, if our prayer life was our personal business, we wouldn't be so lax. No thinking person would invest his money in an unprofitable venture, yet we invest almost all our life and our time in something that has no prospects for the future. We realize this, yet we still persist in investing our unique life in something that is completely unprofitable. Yet, sadly, statistics show us that in reality, it is our earthly life that captures our interest and attention and not God or abiding with Him. From this, we can clearly understand that we are not very interested in living our lives with God. What will eternity be like then, where we will spend "24 hours a day, seven days a week" with God, forever? Therefore, in order that we learn to love God more, it is imperative that we learn to love less that which is of the earth, to spend less time tied to earthly things, and more time to things that are eternal. What must we do? We must find time for God, and that is time for prayer, both personal and communal. God is a living God, and when we encounter God – and prayer is an encounter

with God – it follows that our parishes, our monasteries, our eparchies, will be alive as well. Dear friends, when we pray everything in us becomes revived. Catechism will be revived, missionary outreach will take place, our parishes will be alive with social and charitable service. Again, I emphasize, we will have vibrant parishes and a vibrant eparchy only when we maintain a constant relationship with the Fountain of Life. The Lord is alive and therefore only He can enliven us. Forgive me for stating categorically that without personal prayer and communal prayer in our parishes, we can achieve nothing good. Even the best thought out plans, decisions and strategies will not produce the desired fruit. They will be dead. It is worthwhile here to recall the words of His Beatitude Lubomyr Husar, which he often repeated: “Work as if everything depended on you, and pray as if everything depended on God.” We can’t do much using a computer that is “offline”; a car no matter how shiny and expensive, won’t go anyplace without gas; even the latest model of the iPhone, if we don’t charge up the battery, will be useless to us before too long. So it is with each of us: if we are “offline” as far as God is concerned, we won’t be able to achieve anything really good. In my view, saints are those who were and have always managed to be “online” with God. Many times the saints, without having access to many resources, or any outside aid, and having minimal influence on the powers that be, did great things that under normal circumstances would have cost millions of dollars. Why were these individuals successful? Because they were truly “poor” in God. Our brain does not have the capacity to be certain we are always making good and wise decisions. What can the telephone or a computer do without the Internet? Even with “ДивенСвіт (Divensvit)” we will not pray for long without renewal. Therefore, we must unite ourselves to God through prayer to draw strength and energy from Him. In my humble opinion, both Europe and America will be able to function for a while yet on the foundation of those “batteries” that were formed in the last century thanks to Christianity. However, this cannot continue for much longer. If there is no unity with God, then inevitably, new ideologies will appear. Examples from history readily come to mind: Nazism, communism and others. We see growing signs of this in our modern society again today. Because if we do not believe in the One Living God, we will create other gods for ourselves.... Therefore, my belief is very simple: if we desire a vibrant Church and vibrant parishes we must begin to pray. We must all do this beginning with me, the bishop, and the priests, deacons, religious and faithful. When we place prayer and liturgy in their rightful place of first priority, then everything else will fall into place....

PSALM 127

A song of ascents. Of Solomon.

Unless the LORD builds the house, the builders labor in vain.

Unless the LORD watches over the city, the guards stand watch in vain.

In vain you rise early and stay up late,
toiling for food to eat—

for he grants sleep to those he loves.

Children are a heritage from the LORD,
offspring a reward from him.

Like arrows in the hands of a warrior
are children born in one's youth.

Blessed is the man

whose quiver is full of them.

They will not be put to shame

when they contend with their opponents in court.

PRAYER FOR THE PROTECTION OF THE CHURCH

O glorious St. Michael, guardian and defender of the Church of Jesus Christ, come to the assistance of the Church, against which the powers of hell are unchained, guard with especial care her august Head, and obtain that for Him and for us the hour of triumph may speedily arrive. O glorious Archangel St. Michael, watch over us during life, defend us against the assaults of the devil, assist us especially at the hour of death; obtain for us a favorable judgement, and the happiness of beholding God face to face for endless ages. Amen.

.... In these days, I would like to encourage all those who are hearing us to pray for those who are seeking diplomatic means to end the war in Ukraine. May the Lord God grant wisdom. Wisdom to those who are looking for this solution. Wisdom to those who through diplomatic means are trying to find opportunities for dialogue and to end this aggression. I call upon all of you: Do not remain silent, do not be bystanders, do not be criminal accomplices! We, the children of Ukraine, children of the Ukrainian Church, are living in the time of Great Lent. We remember how Jesus Christ said to His disciples that this kind of evil spirit can be cast out through prayer and fasting. Therefore, I encourage everyone to pray and fast in order to cast out the evil spirit of war in Ukraine and from all

those who are its bearers. Let us fast and pray for an end to the war in Ukraine. Each one in their own way, as each one knows, as each one is able. In Ukraine and abroad let us pray and fast for an end to this bloodshed. May the merciful Lord hear our prayers, may he send his angels of light to stop the darkness that is advancing upon Ukraine. O God, bless the Ukrainian army, our boys and girls who are defending our homeland and our peace! O God, look down upon the pain and suffering of Your people. O God, rescue Ukraine! In You we hope, and of You we boast. O God, Bless all of us! May the blessing of the Lord be upon you through His grace and love for humankind, always, now and ever, and unto the ages of ages. Amen. Glory to Jesus Christ!

Message of His Beatitude Sviatoslav on March 14, 2022

Bent To The Ground

A city boy visited his cousin who lived on a farm in the country for the first time. The city boy had never seen wheat growing in a field. It was an impressive sight for him, the wheat golden brown and ready for harvesting. He noticed that some of the wheat stood tall in the field, whereas some of it was bent low, touching the ground. The city boy said to his cousin, "I bet the ones standing tall are the best ones, aren't they?" His cousin smiled knowingly and reached over and plucked the head of one of the tall-standing wheat stalks and one that was bent to the ground. He rubbed each of them and the city boy saw that the tall one was almost empty of seeds. But the one bent to the ground was full of the promise of a rich harvest. -R. Curtis Fussell, *Deadly Sins And Living Virtues*, CSS Publishing Company, Inc, 1997