

Transfiguration of Our Lord Church
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Pastor; Fr. Walter Pasicznyk CELL PHONE NUMBER: (570)-406-5882

Slava Isusu Christu! Slava Na Viki!
Glory to Jesus Christ! Glory Forever!
September 7, 2025, A. D.



Saturday, September 6

6:00 PM

SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS

13th SUNDAY AFTER PENTECOST

†Ted Weron- Jack, Donna & Rob Lee

Sunday, September 7

10:30 AM

SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS

13th SUNDAY AFTER PENTECOST

God's Blessings & Good Health for All Parishioners

Monday, September 8

10:30 AM

NATIVITY OF THE MOTHER OF GOD (Myrovania)

Special Intention

Tuesday, September 9

9:00 AM

SAINTS JOACHIM & ANNA

God's Blessings for America- Tom & MaryAnn Potsko

Wednesday, September 10

9:00 AM

†Mary Laczkoskie- Becker Family

Saturday, September 13

6:00 PM

EXALTATION OF THE HOLY CROSS

Great Vespers with Litia

Sunday, September 14

10:30 AM

EXALTATION OF THE HOLY CROSS

God's Blessings & Good Health Joseph Becker- Becker Family



Saint Peter & Paul Church (Plymouth)

Divine Liturgy: Saturday 4:00PM; Sunday 8:30AM

SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS

September 7, 2025, A. D.

TROPAR: When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: “Death has been plundered! Christ our God is risen, granting to the world great mercy.”

TROPAR: Today is born to us, from the stem of Jesse and the loins of David, Mary, the Maiden of God. Therefore, the whole creation rejoices and is renewed; and you peoples of the world, sing to her a joyful hymn of praise. Joachim is elated and Anne shouts for joy: The barren one gives birth to the Mother of God, the Sustainer of our life.

Glory be to the Father and to the Son and to the Holy Spirit.

KONDAK: Today the holy Virgin and God-bearer Mary is born from a barren womb by divine counsel. She is the everlasting bridal chamber of the heavenly bridegroom. Today the chariot of the Word is adorned, and the door for God is foretold; she is called the Mother of Life. **Now and forever and ever. Amen.**

KODAK: My Savior and Deliverer from the grave as God raised out of bondage the children of the earth and shattered the gates of Hades; and as Master, He rose on the third day.

PROKIMEN: Save Your people, O Lord, and bless Your inheritance. Unto You I will cry, O Lord, my God, lest You turn from me in silence. Save Your people, O Lord, and bless Your inheritance.

A Reading from the Epistle of the Holy Apostle Paul to the Galatians (6:11-18):

Brethren, see with what large letters I use as I write to you with my own hand! Those who want to impress people by means of the flesh are trying to compel you to be circumcised. The only reason they do this is to avoid being persecuted for the cross of Christ. Not even those who are circumcised keep the law, yet they want you to be circumcised that they may boast about your circumcision in the flesh. May I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. Neither circumcision nor uncircumcision means anything; what counts is the new creation. Peace and mercy to all who follow this rule—to the Israel of God. From now on, let no one cause me trouble, for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brothers. Amen.

ALLELUIA: Alleluia (3). I have exalted one chosen from among My people; with My holy oil I have anointed him. Alleluia (3). My hand shall sustain him, and my arm shall make him strong. Alleluia (3).

Gospel of St. John 3:13-17



The Lord said, “No one has ever gone up into heaven except the one who came from heaven—the Son of Man. Just as Moses lifted up the serpent in the wilderness, so the Son of Man must be lifted up, that everyone who believes may have eternal life in him.” For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.”

COMMUNION HYMN: Praise the Lord from the heavens; praise Him in the highest. Alleluia, alleluia, alleluia.



Petitions & Prayers for Our Parishioners: Please pray for our Parishioners **Assisted Living:** Mary Hoolick. **At Home:** Shirley Kozar, Dolores Miller, Rita Kurtz, Diane Petry, Mary Louise Bailey. **Away:** Leona Kobela. **Prayer Request:** Michelle Miller; Kerri; Ellen Kobela, Fr. Peter

Waslo; Sister Evhenia Prusnay MSMG; Mary Oresick; Fr. Paul Wolensky, Pavlyk Motychka (baby in Ukraine with SMA); Joyce Kishbaugh, Ken Weber; Marie Slota; Fr. Gregory Maslak, Angel Ocasio, Elizabeth Biasci, Dolores Jennings, Mike Oresick, Mark & Debbie Schwartz, Mary Schwartz, Helen Lipowski, Raquel Camelia, Marie Neimeyer, Paulette Parcel & all Parishioners who are experiencing health issues.

BOOK(S) OF THE MONTH FOR SEPTEMBER:
Angels (and Demons) What do we really know?

by Peter Kreeft
ISBN: 978-0-89870-550-8

BASKET RAFFLE WINNERS & DONATIONS

Basket	Donor	Winner
1. Keeping Warm	Parishioner	Barbara Davison
2. Lucky Lottery Flower	Mike & Jill Gagliardi	Jennifer Southworth
3. Cozy & Warm	Arlene Jennings	Leona Kobela
4. Wreath (multiples)	Mike & Mary Oresick	Tom Moore
	Mushala Michelle Marcario	Al McCarty
5. Tools	Stanley Bogdan	Maria Peralto
6. Pumpkin \$100	MaryAnn Jarolen	Lena Moore
7. \$100	Tom & MaryAnn Potsko	Ann Niezgoda
8. Natural Comfort	Rita Kurtz, Diane Petry	Rich Rynk
	Janice Lee	
9. Collectable Barbie	Parishioner	Donna Davis
10. Beer Basket	Donna Davis	Mary Oresick
11. Cake & Bake	Parishioner	Melody Sweet
12. Television	Mary Schwartz & Sons	Doris Parcel
13. Skillet	Parishioner	Melody Sweet
14. Eagles Basket	Stanley Bogdan	Barbara Davison
15. Snacks \$100 gift card	Christine Ferrato	Ellen Algrainy
16. Hess Trucks	Parishioner	Tom Potsko
17. Fine China	Parishioner	Joann Wishiski
18. Lottery/Card	Ellen Algrainy	Lori Krukowski
19. Drone	Parishioner	Tyler Savitski
20. Stress Relief	Lisa Chokola	Stephanis Kurih
21. Lottery Bush	Parishioner	Helen Lipowski

THANK YOU!!

FESTIVAL THANK YOU: A special thank you to all who helped in any way with this year's Food Fest. To all those who helped prepare the food, donations of food items, delicious baked goods, beautiful raffle baskets, and those who came to help out at the hall, and cleanup. A very special thank you to Stephanie Jennings who shared her talents at the pysanky demonstration. We heard nothing but compliments about the food and the rest of the festival! We couldn't have done any of it without you.

CHURCH NEWS



HAPPY SEPTEMBER BIRTHDAYS!!!! A Very Happy Birthday to **Bobby Miles** who celebrates his Birthday on Saturday, September 6th! A Very Happy Birthday to **Diane Petry** who celebrates her Birthday on Monday, September 8th! Happy Birthday to **Mary Louise Bailey** who celebrates her birthday on Friday, September 12! Mnohaya Lita!! May God Grant Them Many Happy Years and Salvation!

REVIVED SOLDIERS OF UKRAINE PRESENTATION: An invitation is extended to the public on **September 29 at 6:30PM** on Railroad Street, Room 105 Lock Haven University Campus. Ukraine at War: A Personal Perspective from a severely wounded Ukrainian soldier. For more information contact Dr. Rick Schulze, Retired Professor, Lock Haven, fschulze@comcast.net.

VESPERS: On Saturday, September 13th we will have Vespers (instead of Divine Liturgy) at 6:00pm for the Exaltation of the Holy Cross. Keep in mind that Vespers will count as your Sunday obligation, just a reminder there is no Holy Communion.

SISTERS OF THE ORDER OF ST: BASIL THE GREAT 94th ANNUAL PILGRIMAGE: This year's 92nd Pilgrimage honoring the Mother of God will be held on Sunday, October 5, 2025 on the grounds of the Motherhouse of the Sisters of St. Basil the Great in Fox Chase Manor. The theme of this year's Pilgrimage is "Mary, Mother of Hope."

PYROHY SALE: There is potato pyrohy for sale in the church basement. The cost is \$12.00 per dozen. If you would like to purchase pyrohy please contact the church rectory or call Lisa 570-574-1016.

CLOTHING FLEA MARKET: We are planning on having a **clothing only** rummage sale. **Clean out your closets!** We will take new or gently used clean clothing & shoes only! Call Johanna at 570-592-5776 for any questions or arrangements for items. The tentative date for the Rummage Sale is October 17th or 18th. Please place your donations in the church basement as the hall is being rented.

NATIONAL GRANDPARENTS' DAY: Sunday, September 7th is National Grandparent's Day. Best Wishes to All our Parish Grandparents!



SEPTEMBER CANDLES

The **Eternal Light** is given by Brian & Joanne Kawczenski
In loving memory of Joseph & Mary Englot.

The **Altar Candles** are given by MaryAnn Jarolin in
Loving memory of her mother, Irene Hvozda.

The Candle **Before the Icon of Jesus Christ** is given by
Lisa Placek for Special Intention.

The **Candle Before the Icon of the Theotokos** is given by
Tom & MaryAnn Potsko in loving memory of Theodore Kulmatiski.

PRAYER FOR THE PROTECTION OF THE CHURCH

O glorious St. Michael, guardian and defender of the Church of Jesus Christ, come to the assistance of the Church, against which the powers of hell are unchained, guard with especial care her august Head, and obtain that for Him and for us the hour of triumph may speedily arrive. O glorious Archangel St. Michael, watch over us during life, defend us against the assaults of the devil, assist us especially at the hour of death; obtain for us a favorable judgement, and the happiness of beholding God face to face for endless ages. Amen.

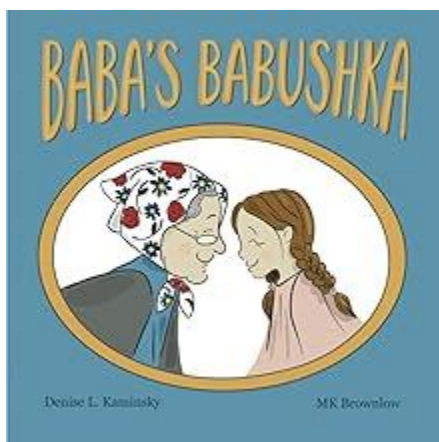
8 Prayers from St. John Chrysostom

The following eight “arrow” prayers are attributed to St. John Chrysostom. The description arrow prayers, refers to short, frequent thoughts that we direct to God, as a reminder that we are constantly in his presence, and to call down his grace. In the long tradition of the Church, various names have been given to these short prayers — our little hellos — that we speak to Our Lord throughout the day. They are called aspirations, or ejaculatory prayers (from the Latin for *bursting forth*), or as well, “arrow” prayers. Here are eight from St. John Chrysostom: O Lord, enlighten my heart that evil desires have darkened. O Lord, send down Thy grace to help me, so that I may glorify Thy name. O Lord Jesus Christ, write me in the book of life and grant unto me a good end. O Lord, sprinkle into my heart the dew of Thy grace. O Lord, quicken in me a good thought. O Lord, give me tears and remembrance of death, and contrition. O Lord, implant in me the root of all good: Thy fear in my heart. O Lord, grant that I may love Thee from all my soul and mind, and in everything do Thy will.



ASK FATHER A QUESTION? Father, explain to me what are Vespers?

Everything a person does has a beginning, a middle and an end. Liturgically (liturgy meaning a public work of the people) speaking the beginning of the day is at sundown. Every holy day, and every Sunday, which is a little Pascha, begins when the sun sets Saturday evening and Sunday begins at the singing of "O Joyful Light." Every Catholic, if possible, should attend the three main liturgical services of every holy day and Sunday, which are Vespers (Evening Prayer), Matins (Morning Prayer) and the Liturgy. Vespers begins the day, Matins is at the middle and public works finishes with the Liturgy and the reception of the Body and Blood of Christ, Holy Communion. So, just as you should attend every Great Vespers each Sunday morning (in secular time, Saturday evening) so too you should to attend the Vespers which begins every day, especially Major Holy Days. Also, when you attend all three of the services of a Holy Day, all the unique prayers for that day will tell you what is happening and teach you the Catechism of the Church. The Great Fast is focused on preparing us for the Holiest of Holy Days, Pascha, and Forgiveness Vespers begins that story, and prayer, ordering us toward the center of our salvation, we should do our best to make an honest effort toward spiritual healing of our entire body and the entire body of Christ, His Church. The focus of Forgiveness Vespers at Lent is us looking at ourselves honestly and trying to grow in love for one another, and so too every Vespers. This is because we are all created in the image and likeness of God and we will succeed together and need one another to conquer sin.



Baba's Babushka

Announcing a new book written by Denise Kaminsky, daughter of Mr & Mrs. Theodore O'Bremski, members of Transfiguration of Our Lord Church for more than 100 years, and she now resides in State College, PA. Having a caring and loving family gave Denise a good foundation for life and she wishes to share this with others.

The book is about a loving Ukrainian Baba and her granddaughter. Denise grew up in a warm loving family that included a Ukrainian Baba who was very close with her and taught her Ukrainian words which are sprinkled throughout the story. If you are interested, you can order books by contacting Denise at dlk618@yahoo.com or through Amazon.com.



I rejoiced with those who said to me, "Let us go to the house of the LORD." Our feet are standing in your gates, Jerusalem. Jerusalem is built like a city that is closely compacted together. That is where the tribes go up— the tribes of the LORD— to praise the name of the LORD according to the statute given to Israel. There stand the thrones for judgment, the thrones of the house of David. Pray for the peace of Jerusalem: "May those who love you be secure. May there be peace within your walls and security within your citadels." For the sake of my family and friends, I will say, "Peace be within you." For the sake of the house of the LORD our God, I will seek your prosperity.



PRAYER TO SAINT MICHAEL (Feast Day September 6) Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.

FEAST OF THE EXALTATION OF THE HOLY CROSS (September 14)

In the twentieth year of his reign (326), the Emperor Constantine sent his mother Saint Helen to Jerusalem to venerate the holy places and to find the site of the Holy Sepulchre and of the Cross. Relying upon the oral tradition of the faithful, Saint Helen found the precious Cross together with the crosses of the two thieves crucified with our Lord. However, Helen had no way of determining which was the Cross of Christ. With the healing of a dying woman who touched one of the crosses, Patriarch Macarius of Jerusalem identified the True Cross of Christ. Saint Helen and her court venerated the Precious and Life-Giving Cross along with many others who came to see this great instrument of Redemption. The Patriarch mounted the ambo (pulpit) and lifted the Cross with both hands so that all of the people gathered could see it. The crowd responded with "Lord have mercy". This became the occasion of the institution in all of the Churches of the Exaltation of the Precious Cross, not only in memory of the event of the finding of the Cross, but also to celebrate how an instrument of shame was used to overcome death and bring salvation and eternal life. The Feast is an opportunity outside of the observances of Holy Week to celebrate the full significance of the victory of the Cross over the powers of the world, and the triumph of the wisdom of God through the Cross over

the wisdom of this world. This Feast also gives the Church an opportunity to relish the full glory of the Cross as a source of light, hope and victory for Christ's people. It is also a time to celebrate the universality of the work of redemption accomplished through the Cross: the entire universe is seen through the light of the Cross, the new Tree of Life which provides nourishment for those who have been redeemed in Christ.

Psalms 122- NIV- A Song of Ascents

The Feast of the Nativity of the Theotokos; September 8, 2017

By Tenny Thomas

The Feast of the Nativity of the Theotokos is the first major feast of the new Church Year, which begins on September 1st. Why was this day selected since it is not in the Holy Scripture? History shows that St. Helena, the mother of Emperor Constantine, built a Church in Jerusalem, which was dedicated to the Nativity of our Lady. It was said to be consecrated on the date of her nativity: September 8th. The birth and early life of the Virgin Mary is found in a work dating from the second century known as the Book of James, or Protevangelion. According to the account found in this book, Mary's parents, Joachim and Anna, were childless for many years. They remained faithful to God, but their prayers for a child were unanswered. One day, when Joachim came to the temple to make an offering, he was turned away by the High Priest who chastised him for his lack of children. To hide his shame, Joachim retreated to the hill country to live among the shepherds and their flocks. Joachim was frustrated that he was turned away by the High Priest in the temple, but he submitted his emptiness to the Lord. At the same time his wife Anna was also praying at their house in Jerusalem. An angel appeared to both of them and announced that Anna would have a child whose name would be known throughout the world. Anna promised to offer her child as a gift to the Lord. Joachim returned home, and in due time Anna bore a daughter, Mary. Joachim was of the lineage of David, and Anna of the lineage of Aaron. Thus, Mary was of royal birth by her father and of priestly birth by her mother. In this, Mary foreshadowed Christ who would be born of her as King and High Priest." Mary, Full of grace, Blessed among women, the Temple of the Holy Spirit, the Altar of the Living God, the Table of the Heavenly Bread, the Ark of God's Holiness, the Tree of the Sweetest Fruit, the Glory of the race of man, the Praise of womanhood, the Fount of virginity and purity – this was the daughter given by God to Joachim and Anna. She was born in Nazareth, and at the age of three, was taken to the Temple in Jerusalem. In her young womanhood she returned again to Nazareth, and shortly thereafter heard the Annunciation of the Holy Archangel Gabriel concerning the

birth of the Son of God, the Savior of the world, from her most-pure virgin body". Romanos, who lived in the 5th century, was a native of Syria and later a deacon of Hagia Sophia in Constantinople. He is known to have composed and written many prayers and hymns now in use in the Eastern Church. He was probably the first one who brought this day to the attention of the Church leaders. He wrote a hymn in honor of her birth and spread the knowledge of it among the people. Both St. Andrew of Crete and St. John of Damascus also wrote much about this event. Andrew of Crete said: "This day is for us the beginning of all holy days. It is the door to kindness and truth. Today is arranged for the Creator of all, an inspired Church and creation prepares itself to become the divine dwelling place of its Creator". John of Damascus says, "The day of the Nativity of the Theotokos is the feast of joy for the whole world, because through the Theotokos the entire human race was renewed, and the grief of the first mother Eve was changed into joy". "From Apostolic times and to our days all who truly love Christ give veneration to Her Who gave birth to Him, raised Him and protected Him in the days of His youth. If God the Father chose Her, God the Holy Spirit descended upon Her, and God the Son dwelt in Her, submitted to Her in the days of His youth, was concerned for Her when hanging on the Cross then should not everyone who confesses the Holy Trinity venerate Her?" "The Redeemer of mankind willed to arrange a new birth and re-creation of mankind: like as under the first creation, taking dust from the virginal and pure earth, wherein He formed the first Adam, so also now, having arranged His Incarnation upon the earth, — and so to speak, in place of dust — He chooses from out of all the creation this Most Pure Virgin and, having re-created mankind within His Chosen-One from amidst mankind, the Creator of Adam is made the New Adam, in order to save the old". The Church gives a special place to the honor and veneration of the Virgin Mary the Mother of God. The Third Ecumenical Council in Ephesus (431 A.D.) officially adopted the term Theotokos, God Bearer. There is a period of fasting (the first 14 days of August) and numerous feasts and hymns dedicated to her. Her image is traditionally painted above the Sanctuary and called "more spacious than the heavens" (Platytera). The Virgin Mary, being the mother of God, earnestly intercedes for us, for she gave her flesh to Christ in all humility and obedience, so that the Word of God would become man. The image of the Hodegetria holds a privileged place in the iconography of the Mother of God. "Hodegetria" means "She who shows the Way". Mary, the Mother of God always shows us the way to God. May the prayers of the Theotokos be a stronghold to us.