Transfiguration of Our Lord Church
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# Slava Isusu Christu! Slava Na Viki! Glory to Jesus Christ! Glory Forever! August 17, 2025, A. D.



Saturday, August 16

6:00 PM

**10<sup>th</sup> SUNDAY AFTER PENTECOST**\$\partial \text{Ted Weron- Helen & Lisa Lipowski} \text{}
\$\frac{1}{2}\$

Sunday, August 17

10:30 AM

10<sup>th</sup> SUNDAY AFTER PENTECOST

⊕ Helen Bogdan- Brian & Joanne Kawczenski

Thursday, August 21

9:00 AM

God's Blessings for America- Tom & MaryAnn Potsko

Friday, August 22

9:00 AM

⊕Teresa VanFossen- Rebecca Micca

Binding of Demonic Forces - Angel & Sandy Ocasio

Saturday, August 23

6:00 PM

11th SUNDAY AFTER PENTECOST

⊕Francis John & Ann Marie Panek -Parish

Sunday, August 24

10:30 AM

11th SUNDAY AFTER PENTECOST

<sup>†</sup>Helen Bogdan- Brian & Joanne Kawczenski



Saint Peter & Paul Church (Plymouth)

Divine Liturgy: Saturday 4:00 PM; Sunday 8:30 AM

## 10<sup>th</sup> SUNDAY AFTER PENTECOST August 17, 2025, A. D.

**TROPAR:** Though the stone was sealed by the Judeans, and soldiers guarded Your most pure body, You arose, O Savior, on the third day, and gave life to the world. And so the heavenly powers cried out to You, O Giver of Life: Glory to Your resurrection, O Christ! Glory to Your kingdom! Glory to Your saving plan, Oh only Lover of mankind.

**TROPAR**: In giving birth you retained your virginity, in falling asleep you did not abandon the world, O Mother of God. You passed into life, for you are the Mother of Life, and by your prayers you deliver our souls from death.

Glory be to the Father and to the Son and to the Holy Spirit.

**KONTAK:** The tomb and death could not hold the Mother of God, unceasing in her intercession and unfailing hope of patronage, for, as the Mother of Life, she was transferred to life by Him Who had dwelt in her ever-virgin womb.

Now and for ever and ever. Amen.

**KODAK:** You arose in glory from the tomb and with Yourself You raise the world. All mankind acclaims You as God. and death has vanished. Adam exults, O Master, and Eve, redeemed from bondage now, cries out for joy: "You are the One, O Christ, Who offers resurrection to all."

**PROKIMEN:** Let Your mercy, O Lord, be upon us, as we have hoped in You. verse: Rejoice in the Lord, O you just; praise befits the righteous. Let Your mercy, O Lord, be upon us, as we have hoped in You.

## A reading from the first epistle of the Holy Apostle Paul to the Corinthians (4:9-16):

Brethren, for it seems to me that God has put us apostles on display at the end of the procession, like those condemned to die in the arena. We have been made a spectacle to the whole universe, to angels as well as to men. We are fools for Christ, but you are so wise in Christ! We are weak, but you are strong! You are honored; we are dishonored! To this very hour we go hungry and thirsty, we are in rags, we are brutally treated, we are homeless. We work hard with our own hands. When we are cursed, we bless; when we are persecuted, we endure it; when we are slandered, we answer kindly. We have become the scum of the earth, the garbage of the world—right up to this

moment. I am writing this not to shame you but to warn you as my dear children. Even if you had ten thousand guardians in Christ, you do not have many fathers, for in Christ Jesus I became your father through the gospel. Therefore, I urge you to imitate me.

**ALLELUIA:** Alleluia (3). God gives me vindication and has subdued people under me. Alleluia (3). Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever. Alleluia (3).

#### Gospel of Matthew 17: 14-23:



At that time a man approached Jesus, and threw himself on his knees before him, saying, "Lord, have pity on my son, for he is a lunatic, and suffers severely; for often he falls into the fire, and often into the water. And I brought him to your disciples, but they could not cure him." Jesus answered and said, "O unbelieving and perverse generation, how long shall I be with you? How long shall I put up with you? Bring him to me." And Jesus rebuked him; and the devil

went out of him, and from that moment the boy was cured. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" He said to them, "Because of your little faith; for amen I say to you, if you have faith like a mustard seed, you will say to this mountain, 'Remove from here'; and it will remove. And nothing will be impossible to you. But this kind can only be cast out by prayer and fasting." Now while they were gathering together in Galilee, Jesus said to them, "The Son of Man is to be betrayed into the hands of men, and they will kill him; and on the third day he will rise again."

**INSTEAD OF IT IS TRULY RIGHT....:** Seeing the pure one's falling asleep, angels marveled in wonder how the Virgin could ascend from earth to heaven. **Irmos:** O pure Virgin, in you are conquered the bounds of nature, for childbirth remains virginal and death is betrothed to life. Virgin after childbearing and alive and death, O Mother of God, never cease to save your inheritance.

**COMMUNION HYMN:** Praise the Lord from the heavens; praise Him in the highest. Alleluia, alleluia.

#### PRAYER FOR THE PROTECTION OF THE CHURCH

O glorious St. Michael, guardian and defender of the Church of Jesus Christ, come to the assistance of the Church, against which the powers of hell are unchained, guard with especial care her august Head, and obtain that for Him and for us the hour of triumph may speedily arrive.

O glorious Archangel St. Michael, watch over us during life, defend us against the assaults of the devil, assist us especially at the hour of death; obtain for us a favorable judgement, and the happiness of beholding God face to face for endless ages. Amen.



**Petitions & Prayers for Our Parishioners:** Please pray for our Parishioners **Assisted Living:** Mary Hoolick. **At Home:** Shirley Kozar, Dolores Miller, Rita Kurtz, Diane Petry, Mary Louise Bailey. **Away:** Leona Kobela. **Prayer Request:** Michelle Miller; Kerri; Ellen Kobela, Fr. Peter

Waslo; Sister Evhenia Prusnay MSMG; Mary Oresick; Fr. Paul Wolensky, Pavlyk Motychka (baby in Ukraine with SMA); Joyce Kishbaugh, Ken Weber; Marie Slota; Fr. Gregory Maslak, Angel Ocasio, Elizabeth Biasci, Dolores Jennings, Mike Oresick, Mark & Debbie Schwartz, Mary Schwartz, Helen Lipowski, Raquel Camelia, Marie Neimeyer, Paulette Parcel & all Parishioners who are experiencing health issues.





# **AUGUST CANDLES**

The **Eternal Light** is given by Mary Schwart in loving memory of the deceased Bukoski & Schwartz families.

The Candle **Before the Icon of Jesus Christ** is given by Koretz family in loving memory of Leo Koretz.

The **Candle Before the Icon of the Theotokos** is given by the Lee Family in loving memory of Danny Lee.

The candle before the **Icon of John the Baptist** is given By the Lipowski Family in loving memory of John Lipowski.

# LABOR DAY WEEKEND ONE DAY FOOD FESTIVAL & FLEA MARKET Saturday, AUGUST 30

11:00am-4:00pm

Transfiguration of Our Lord Parish, 240 Center St., Nanticoke is holding a One-Day Ethnic Food Festival on Saturday, August 30.

Home-Made Pierogi, Haluski,
Pigs-in-the Blanket, Potato Pancakes,
Clam Chowder, Borsch,

Hot Dogs & Whimpies, Raffle Baskets & Bake Sale APPETITES ARE WANTED!! TELL YOUR NEIGHBORS! CAN YOU HEAR THE POLKA MUSIC PLAYING????? PSANKY DEMONSTRATION & BOOTH



#### **BOOK(S) OF THE MONTH FOR AUGUST:**

NIHILISM, Father Seraphim Rose

ISBN: 1887904069

<u>HUMILITY RULES:</u> St. Benedict's Guide to Genuine Self-Esteem Ignatius Press, by J. Augustine Wetta, O.S.B., Monk of St. Louis Abbey

ISBN: 978-1-62164-149

#### CHURCH NEWS ....



**SYMPATHY:** : Please remember in your prayers the servant of God, Ruth Pazdernik Shalaida, who fell asleep in the Lord on Friday, August 15, 2025. May Our Lord grant her rest in the bosom of Abraham, may she be numbered among the saints, and may her memory be eternal. Vichnaya Pamyat. May Her Memory Be Eternal.

Our deepest sympathies are extended to the Shalaida Family & Barno Families. The funeral will be Monday, August 25 from John Dinelli Funeral Home.



HAPPY AUGUST BIRTHDAYS!!!: A Very Happy Birthday to Joanne Kawczenski who celebrates her birthday on August 7! Mnohaya Lita! Our Birthday wishes are extended to Robert Longenberger who celebrates a birthday on August 11! A Very Happy Birthday to Mark Jennings who celebrates his Birthday on August

22! Mnohaya Lita! May God grant them Many Happy Years!

HAPPY WEDDING ANNIVERSARY: Happy Wedding Anniversary to John & Christine Ferrato who celebrate their Wedding Anniversary on August 14! Mnohaya Lita! May God grant you Many, Happy & Blessed Years!



FOOD FESTIVAL PREPARATION & PYROHY: The Food Festival is planned for Saturday, August 30, and there will be a Short Meeting Sunday August 24th after the Divine Liturgy in final preparation. These fund-raisers are very important for our Parish Make sure you tell you friends and neighbors! Flyers are in the back of the church. Thank you to everyone who came out to make pyrohy! We will make pyrohy again the week of the Festival.

RAFFLE BASKET DONORS NEEDED: We need Raffle Baskets for the Food Festival. There are baskets in the church basement if you need one. Baskets are needed. Please help. Johanna is in charge of the basket raffle- questions please call 570-256-7883. If anyone would like to donate items for a basket (perhaps you have extra), please contact Johanna 570-256-7883 or Lisa at 570-574-1016 – we will put together a basket! Or perhaps you have liquor, psanky or other ethnic items or new items - not enough for a basket, please contsider donating them to a larger basket.

**BAKE SALE:** We will hold a bake sale at the Food Festival. Bake Goods are needed, please keep us in mind for this fund raiser. Please make sure that the items are sliced and ready for serving.

# A Spiritual Psalter, or Reflections on God from the writings of Saint Ephraim, the Syrian

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Ask forgiveness with tears but first forgive others yourself.

Thy lips, O our Lord, have pronounced these promises: call Me and I will hearken unto you; knock at My door and I will open it. Like the harlot do I call out to Thee: according to the superabundant compassion of Thy loving-kindness, forgive us our debts and our sins. Like the publican do we beseech Thee, and like the prodigal son who squandered his inheritance do we call out to Thee, repenting in our soul: we have sinned against heaven and before Thee, O Lord. Accept us, as Thou hast promised, that the guardian angels and the archangels might rejoice over us. Thou who didst accept Simon's repentance, accept also the repentance of Thy servants and have mercy on us. Come, O sinner who have sinned before the Lord, come to Him repenting in your soul, and He will forgive you your debts and your sins. Shed tears at the Physician's door, sigh and beseech Him, show Him the scabs on your soul. Preserve your tongue from all manner of evil, and may your lips that were created for praise not pronounce words of blasphemy. Forgive your brother if he has sinned against you, and Christ will forgive you as He has promised, according to His loving-kindness. Have mercy on us, O our Lord, forgive us our debts and our sins and vouchsafe us Thy radiant habitation.

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## For untroubled sleep

Grant me, O Lord, both in wakefulness to stand pure before Thee, my Redeemer, and in slumber to partake of sleep without sin. If in wakefulness I commit transgressions, may I be cleansed by Thy grace, O Lord. And if I sin while asleep, may Thy loving-kindness be unto me purification. With the cross of Thy humility, make my sleep untroubled, preserve me from the iniquitous dreams of sleep and from the impure conjurings of the imagination. Grant that I might spend the whole night in peaceful sleep, and that evil and deleterious thoughts might not take possession of me. With Thy life-creating Body, of which I have partaken, preserve me from impure lust, that I might lie down and fall asleep in peace. May Thy Blood protect me. And grant my soul, that is Thine image, the freedom that is proper to Thine image. And may Thy right arm shelter my body that was made by Thy hands. Encircle me with the wall of Thy compassions like a defensive shield. And when my body rests and sleeps, may Thy goodness be my guard, that the Evil One might not approach my bed. By the protection of the Mother who bore Thee, by the sacrifice

that Thou hast offered for all men, I beseech Thee: drive away Satan, that he might not trouble me. In me, O Lord, fulfill Thy promise and preserve my life by Thy Cross. I shall praise Thee when I awake for showing me who am miserable Thy love. May both those who sleep, resting in peace, and those who abide in wakefulness, girded by Thine armor, give praise to Thee, O Preserver Who livest eternally and Who hast aroused me to sing Thy glory.

#### PHYSICAL POSTURES AS SYMBOLS OF PRAYER

While visiting a Ukrainian Catholic Church in San Franscico, a visitor noticed there are no chairs. He asked the priest why they did not provide more comfort for their worshippers. The priest replied, "There are only two positions that a man ought to assume when he is in the presence of God. One is on his knees saying, 'Lord, be merciful to me, the sinner,' and the other is on his feet, 'Lord, here I am, send me.'" There are more than just 2 positions for the Ukrainian Catholic, as we shall see. For, when the Ukrainian Catholic prays the whole person takes part in the worship and the various physical postures of the body have a liturgical significance as expressions of worship. We know Him with our mind; we love Him with our heart; we confess and glorify Him with our tongue; we serve Him with our hands; we obey Him with our feet by fleeing from sin into the waiting hands of Jesus. Bishop Ignatius writes, "Prayer is called 'of the mind,' when it is recited by the mind with profound attention . . . prayer is called 'of the heart,' when it is recited by the mind united with the heart, when the mind descends into the heart, and sends up the prayer in it's depths. Prayer is called 'of the soul,' when it comes from the whole soul, with the participation of the body itself --- when it is offered by the whole being . . . " Thus, when we pray, the whole person prays; mind, heart, soul and body. Theophan the Recluse speaks of various degrees of prayer of which bodily prayer is the first degree, consisting of reading, standing and making prostrations. There are those who believe that the position of the body makes no difference in prayer. They seem to forget what the Catholic Church always remembers, i.e., that whatever the body does affects the soul. For example, when your mind is too tired to concentrate in the right way, your body position can get you in the proper frame of mind. That's the time, for example, when one should kneel. The posture of the body will send a powerful message to the mind. Our bodies, then, must be part of any approach to God because everything is expressed through our human nature. Some of the Church Fathers say that if the body is not praying, the whole person is not praying. God is truly worshiped with one's whole being. Mind, heart, soul and body are to seek union with God. . .

Saint John Climacus wrote concerning the influence of the body's posture on prayer:

"The Lord understood that the virtue of the soul is shaped by our outward behavior. He therefore took a towel and showed us how to walk the road of humility (cf. John 13:4). The soul indeed is molded by the doings of the body, conforming to and taking shape from what it does, "--- "Ladder of Divine Ascent" (Saint John Climacus) n.b. This is in reference to Jesus' washing of His Apostle's feet on that one Holy Thursday.

#### Why One Before the Other?

A short time ago I read a story about two men who were introduced to one another not long after they had become Catholic. One was a poor man from a godless background; the other was from an affluent Catholic family. After each told of his conversion experience, the man with the 'religious upbringing' asked the other: "Why do you suppose it was that you received Christ the first time you heard the Gospel, while so many years passed before I did?" The other responded, "That is easy. Suppose a man came along and offered to give each of us a brand new suit. Well, I would jump at the offer. All my clothes you see are old and worn: in fact they are in tatters. But your closet is no doubt filled with the finest of suits. It is much that way with salvation. You were probably satisfied with all your goodness, so it took you a long time to realize your need for God's garment of righteousness offered to you through Christ. But I was deeply aware of my shameful, hopeless, sinful condition and I couldn't wait to receive forgiveness and cleansing."

We all need 'new clothes,' All our righteousness is as filthy rags, "said Isaiah. Jesus stands ready to cover our moral and spiritual nakedness. Like the Prodigal Son's father, He stands ready to bestow not just an ordinary robe, but "the best robe of all" upon those who realize their nakedness and leave the far country of sin and return to Him. "Bring quickly the best robe and put it on him; and put a ring on his hand and shoes on his feet . . . for this my son was dead and it alive again; he was lost and is found." ()Luke 15:22,24).

St. Isaac the Syrian said that highest form of prayer is to stand silently in awe before God. If you cannot do that, he says, pray the Jesus Prayer with your heart. If not with your heart, then with your lips. If you can't pray with your lips, then read a prayer. If you cannot read a prayer, then sing a prayer. If you cannot sing a prayer, do a prayer.

The supreme physical expression of prayer is not standing or kneeling or making a prostration — important as these are. The supreme physical expression of prayer is the act of using our hands to reach out to the hungry with a piece of bread, to the thirsty with a cup of cold water, to the refugee with hospitality. For, in so doing, we are touching and ministering to Jesus Himself. We are doing prayer. It has been said that hands need two kinds of exercise: folding (for prayer) and extending (for service).