Transfiguration of Our Lord Church 240 Center Street – Nanticoke, PA 18634

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Slava Isusu Christu! Slava Na Viki! Glory to Jesus Christ! Glory Forever! June 29, 2025, A. D.

Saturday, July 5 4th SUNDAY AFTER PENTECOST

Sunday, July 6 4th SUNDAY AFTER PENTECOST

Monday, July 7

8:00 AM Thanksgiving to God – Marianne Sailus
10:00 AM Funeral for Geraldine Adamchak

Thursday, July 10

Friday, July 11

9:00 AM God's Blessings for America- Tom & MaryAnn Potsko

Saturday, July 12 5th SUNDAY AFTER PENTECOST

6:00 PM God's Blessings & Good Health for Michael Vessic

-Becker Family

AFTER LITURGY ADULT DISCUSSION



Saint Peter & Paul Church (Plymouth)

Divine Liturgy: Saturday 4:00 PM; Sunday 8:30 AM

4th SUNDAY AFTER PENTECOST

July 6, 2025, A. D.

TROPAR: Let the heavens be glad, let the earth rejoice, for the Lord has done a mighty deed with His arm. He trampled death by death. He became the first-born of the dead; He saved us from the abyss of Hades and granted great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

KONDAK: You rose from the tomb, O compassionate Lord, and led us out from the gates of death. Today Adam exults and Eve rejoices, and the prophets together with the patriarchs unceasingly acclaim the divine might of Your power.

PROKIMEN: Sing to our God, sing; sing to our King, sing. Clap your hands, all you nations; shout unto God with the voice of joy. Sing to our God, sing; sing to our King, sing.

A Reading from St. Paul's Epistle to the Romans (6:18-23):

Brethren, freed from sin, you have become slaves of righteousness. I am speaking in human terms because of the weakness of your nature. For just as you presented parts of your bodies as slaves to impurity and to ever-increasing wickedness, so now present yourselves as slaves to righteousness leading to holiness. For when you were slaves of sin, you were free from righteousness. But what profit did you get then from the things of which you are now ashamed? For the end of those things is death. But now that you have been freed from sin and have become slaves of God, the benefit that you have leads to sanctification, and its end is eternal life. For the wages of sin is death, but the gift of God is eternal life, in Christ Jesus our Lord.

ALLELUIA: Alleluia (3). In You, O Lord, have I hoped that I may not be put to shame forever. Alleluia (3). Be a protector unto me, O God, and a house of refuge to save me. Alleluia (3).

Gospel Matthew 8:5-13



At that time, as Jesus entered Capernaum, a centurion came to him, asking for help. "Lord," he said, "My servant lies at home paralyzed and in terrible suffering." Jesus said to him, "I will go and heal him." The centurion replied, "Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed. For I myself am a man under authority, with soldiers under me. I tell this one, 'Go,' and he goes; and that one, 'Come,' and he comes. I say to my servant, 'Do

this,' and he does it." When Jesus heard this, he was astonished and said to those following him, "I tell you the truth, I have not found anyone in Israel with such great faith. I say to you that many will come from the east and the west and will take their places at the feast with Abraham, Isaac and Jacob in the kingdom of heaven. But the subjects of the kingdom will be thrown outside, into the darkness, where there will be weeping and gnashing of teeth." Then Jesus said to the centurion, "Go! It will be done just as you believed it would." And his servant was healed at that very hour.

COMMUNION VERSE: Praise the Lord from the heavens: Praise Him in the highest. Rejoice in the Lord, righteous ones. I will take the cup of salvation; and I will call upon the name of the Lord. Alleluia (3).



Petitions & Prayers for Our Parishioners: Please pray for our Parishioners: **Assisted Living:** Mary Hoolick. **At Home:** Shirley Kozar, Dolores Miller, Rita Kurtz, Diane Petry, Mary Louise Bailey. **Away:** Leona Kobela. **Prayer Request:** Michelle Miller; Kerri; Ellen Kobela, Fr. Peter

Waslo; Sister Evhenia Prusnay MSMG; Mary Oresick; Fr. Paul Wolensky, Pavlyk Motychka (baby in Ukraine with SMA); Joyce Kishbaugh, Ken Weber; Marie Slota; Fr. Gregory Maslak, Angel Ocasio, Elizabeth Biasci, Dolores Jennings, Mike Oresick, Mark & Debbie Schwartz, Mary Schwartz, Helen Lipowski, Raquel Camelia, Marie Neimeyer, Paulette Parcel & all Parishioners who are experiencing health issues.

CHURCH NEWS

SYMPATHY: Please remember in your prayers the servant of God, Mrs. Geraldine Adamchak who fell asleep in the Lord on Sunday, June 29, 2025. May Our Lord grant her rest in the bosom of Abraham, may she be numbered among the saints, and may her memory be eternal. Gerri will be deeply missed and always be remembered for her years in the Holy Year Year Choir and her dedication to our Parish Pyrohy Projects and Labor Day Festivals. Vichnaya Pamyat. May Her Memory Be Eternal. Our deepest sympathies are extended to the Adamchak Family. Viewing is Sunday at Grontkowski Funeral Home, 530 Main Street, Plymouth from 2PM-5PM with Parastas at 4:00PM. The Funeral is Monday at 10:00 Am.



HAPPY BELATED ANNIVERSARY!: Congratulations to Tom & Jenn Jones who celebrated their Wedding Anniversary on June 21! Happy Belated Wedding Anniversary to Tom & MaryAnn Potsko who will celebrated their Anniversary on July 3! Mnohaya Lita! May God grant them Many Blessed, Happy &

Healthy Years!

ADULT DISCUSSION: There will be an Adult Discussion on the book of the month for May – **Aquinas, On Human Nature** rescheduled for Saturday, July 12th following the Liturgy.

FOOD FESTIVAL MEETING & PYROHY: The Food Festival is planned for **Saturday, August 30**th. Also, we will be making Pyrohy on **Saturday, August 16**th for the Festival. Please save the date. These fund-raisers are very important for our Parish.



ASK FATHER A QUESTION? What are the origins of the Saint Michael Prayer?

One day following the Mass, Pope Leo XIII (1878-1903), had a vision of Lucifer bargaining with God that he could destroy the church if God would permitted him more authority in the church for 25 years. As the discussion progressed,

between Lucifer and God, Pope Leo saw that God permitted Lucifer more authority in the church for 100 years. God told Lucifer that even with this power he would not be able to destroy God's Church. In response to this vision, with the concern for the salvation of souls and the preservation of God's church, Pope Leo XIII naturally sought the aid of Saint Michael and hence, wrote the Saint Michael Prayer, and later Pope Leo edited a shorter version of the prayer for people to remember as the first and longer prayer is an Exorcism prayer to be prayed by priests in the Church.

WHY COOK WEDNESDAY: Saints Peter & Paul Ukrainian Greek Catholic Church will hold a Chicken Dinner as their Why Cook Wednesday Dinner for July. The dinner will be on Wednesday, July 16, 2025, in their school hall on the corner of North River and West Chestnut Streets, near the General Hospital Parkade in Wilkes-Barre. This dinner will be Take-Out Only and Pre-Orders are strongly encouraged. Dinners will be \$15 and will include a brined and roasted half-chicken, baked potato, corn, macaroni salad, roll and dessert. Place your order by calling the School Hall Kitchen (570) 829-3051. Pick-Ups will be from 4:00 to 7:00pm. Tickets will also be sold for a Basket Raffle. Remember...When Baba Cooks, Everybody's Happy!"



JULY CANDLES

The **Eternal Light** is given by Mark & Arlene Jennings in loving memory of Peter & Anna Wrobel.

The Candle **Before the Icon of Jesus Christ** is given by Ellen Alqrainy for God's blessings for her mother Leona Kobela.

The Candle before St. John the Baptist is given by

by the Pasicznyk family in loving memory of Olympia Pasicznyk.

The **Candle Before the Icon of the Theotokos** is given by the Bruce & Maria Slota for God's blessings on Helen Lipowski.

The Candle Before St. Nicholas is given by Mrs. Mary Schwartz

for God's Blessings on her granddaughter, Elizabeth.

The **Altar Candles** are given by Tom & Mary Ann Potsko loving memory of Henry & Joseph Heylek.

The **Proscomedia Table Candles** are given by Mary Ann Jarolen in loving memory of Emil Jarolen.

The **Candle before the icon of the Transfiguration** is given by the parish in loving memory of Geraldine Adamchak.



ASK FATHER A QUESTION? Father, what is a Pericope? Pronounced "Pəˈrikəpē" NOT Pear-i-cope. What is an Ambo Prayer? Pronounced "technically" Amvon.

A Pericope is an extract from a text, especially a passage from the Bible.

The church fathers have assigned certain periscopes for certain feast days.

An Ambo Prayer is part of the dismissal prayers of the church that was commonly from the Liturgy of Saint Basil the Great for major holy days and was said by the Bishop in the middle of the church.



An "Amvon" is an architectural object that was used in very large churches to allow the Deacon to stand above the congregation so that when he prays on behalf of the congregation the people can hear him. In centuries past, before sound systems, it was difficult to hear the Deacon in a large, crowded church, if the Deacon was

elevated above the people, he would be heard by the congregation. All this matters, because the prayers are said by the Deacon from the middle of the church, not from in front of the Altar.



PRAYER FOR THE PROTECTION OF THE CHURCH

O glorious St. Michael, guardian and defender of the Church of Jesus Christ, come to the assistance of the Church, against which the powers of hell are unchained, guard with especial care her august Head, and obtain that for Him and for us the hour of triumph may speedily arrive. O glorious Archangel St. Michael, watch over us during life, defend us against the assaults of the devil,

assist us especially at the hour of death; obtain for us a favorable judgement, and the happiness of beholding God face to face for endless ages. Amen.

BOOK(S) OF THE MONTH FOR JULY/AUGUST:

HUMILITY RULES: St. Benedict's Guide to Genuine Self-Esteem Ignatius Press, by J. Augustine Wetta, O.S.B., Monk of St. Louis Abbey

ISBN: 978-1-62164-149-0

HISTORY OF THE CHURCH BY EUSEBIUS

Penguin, Available on Amazon

The only surviving historical record of the Church during its crucial first 300 years.

PRAYER TO THE MOTHER OF GOD

Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, O Mother of Perpetual Help.

PRAYER BEFORE COMMENCING WORK

O Lord, Jesus Christ, only begotten Son of Thine eternal Father, Thou hast said with Thy holy lips: "Without Me you can do nothing." My Lord, I embrace Thy words with my heart and soul, and bow before Thy goodness and say: Help me, Thy unworthy servant, to complete this my present undertaking in the name of the Father, and the Son, and of the Holy Spirit. Amen.

BORROWING TROUBLE- by Eugene Rice

Some time ago I heard a lesson that has stuck with me ever since. The speaker was a nurse; her lectern was the bedside of a patient I was visiting at the hospital. The patient was worried about the possibility of surgery coming up, and, learning of this worry, the nurse began her lesson. "Listen," she said, "we don't borrow trouble from tomorrow. You may have surgery, who knows, but that's not today. In this place, "she continued, "we live one day at a time. If we borrowed all the problems tomorrow's going to bring, we'd never make it through a day. You live one day at a time, and you've got quite enough to think about today without borrowing tomorrow's trouble." Now I don't know for sure how much the patient was helped, but I profited from that lesson and went away feeling better. And I went away thinking that this was just what Jesus was talking about in Matthew 6:34: "Therefore, do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day's own trouble be sufficient for the day," (RSV). And I went away thinking of a quotation I heard not long ago. It said simply: "Worry is a pagan prayer." Think about this for a while. We do encounter trouble in life, no doubt it. But some of us go around busily making life worse than it is, and unnecessarily. So what is Jesus saying to us?

First, don't borrow trouble from tomorrow. J. B. Phillips translates it like this: "Tomorrow can take care of itself. One day's trouble is enough for one day." This is clearly what the nurse at the hospital was saying. Not one of us can function if we anticipate all the problems tomorrow is going to bring.Maybe Jesus, by implication, was also saying that we should not borrow trouble from yesterday—an even more foolish act. There are those of us who have lived through some unhappy experiences. We have seen things happen to our loved ones that have grieved us; we have made mistakes. And now, foolishly, in the present moment we keep borrowing that trouble back from yesterday. "Let the day's own trouble be sufficient for the day," said our Lord.

Second, we would paraphrase Jesus' teachings a bit and assert that we should not borrow trouble from others. "Let a person's own trouble be sufficient for that person." John Sutherland Bonnell tells about taking a taxi in New York City at rush hour. The taxi driver was furious at being held up by the slow-moving traffic. He cursed this driver and that; he spurted through impossible gaps in the traffic; he slammed on his brakes; he seethed with anger. Bonnell finally said to him, "Driver, I have an important appointment right now with an out-of-town physician. I wanted to be there on time, but now I'm twenty minutes late." As Bonnell got out some time later, the driver said simply, "Mister, I've learned something today that I'm going to try not to forget." What he learned was, very simply, that every person's own trouble is sufficient for that person. You can't go around solving everyone's problems, making everyone's decisions, ironing out everyone's difficulties, or you will go completely mad. Don't misunderstand me. This is not to say that we live only for ourselves and should not be concerned with other persons. We are all tied together in life. Francis Thompson said that all of creation is so closely interrelated that you cannot "stir a flower without troubling a star." We are concerned for the problems of others, but the point is this: the best reformer, the best neighbor, the best helper is the one who has first dealt with his or her own problems..... Many of us with messy houses, messy jobs, messy minds scurry frantically around dealing with other people's problems. "Let a person's own troubles be sufficient for that person."... A. L. Gordon put it in these words: "Kindness in another's trouble, courage in your own." Which is to say, again, if you don't borrow trouble, don't lend it, either....."Therefore, do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day's own troubles by sufficient for the day."