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Divine Liturgy Schedule March 10, 2024, A. D.

Slava Isusu Christu! Slava Na Viki! Glory to Jesus Christ! Glory Forever!

Saturday, March 9 FOURTH SUNDAY OF THE GREAT FAST

Sunday, March 10 FOURTH SUNDAY OF THE GREAT FAST

Wednesday, March 6

6:30 PM LITURGY OF THE PRESANCTIFIED GIFTS

Saturday, March 16

10:00 AM God's Blessings for America- Tom & MaryAnn Potsko

FIFTH SUNDAY OF THE GREAT FAST

6:00 PM God's Blessings & Health for Lukas Carr

-Tom & MaryAnn Potsko

Sunday, March 17 FIFTH SUNDAY OF THE GREAT FAST

(1 yr. Anniversary)

Remember, there are no weekday Liturgies during the Great Fast. Communion is distributed as part of the Liturgy of the Presanctified Gifts.

SS. PETER & PAUL CHURCH (20 Nottingham Street, Plymouth)

Saturday Liturgy 4:00 PM Sunday Liturgy 8:30 AM

LITURGY OF THE PRESANCTIFIED GIFTS Friday 4:00 PM

FOURTH SUNDAY OF LENT ST. JOHN CLIMACUS March 10, 2024

The Divine Liturgy of our Father among the Saints Basil the Great is celebrated ten times per year: January 1st (Feast of Saint Basil); December 24th (Christmas Eve); January 5th (Theophany Eve); First thru Fifth Sundays of Lent (not Palm Sunday); and Holy Thursday & the Vigil Liturgy of Easter Sunday.

FIRST ANTIPHON:

Bless the Lord, O my soul and let all that is within me bless His Holy Name. Bless the Lord, O my soul and forget not all His benefits. He forgives you all your iniquities, He heals all your diseases. He redeems your life from corruption, He crowns you with mercy and compassion. Compassionate and merciful is the Lord, long-suffering and abounding in mercy. Bless the Lord, O my soul, and all that is within me bless His Holy name, Blessed are You, O Lord.

GLORY BE: ONLY BEGOTTEN SON:

THIRD ANTIPHON:

Remember us, O Lord, in Your Kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,

For they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure of heart, for they will see God.

Blessed are the peace-makers, for they will be called sons of God.

Blessed are they who are persecuted for the sake of righteousness,

For theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you, and utter every kind of evil word against you falsely because of Me.

Rejoice and be glad for your reward will be great in heaven.

TROPAR: You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

TROPAR: O John, our God-bearing father, you were shown to be a citizen of the desert, an angel in bodily form, and a worker of miracles. Through fasting, prayers and vigils you received heavenly gifts to heal the sick and the souls of those who, in faith, run to you. Glory to Him who gives you strength. Glory to Him who crowned you. Glory to Him who works healing for all through you.

Glory be to the Father and to the Son and to the Holy Spirit. Now and forever and ever. Amen.

KONDAK: On the heights of true abstinence, the Lord established you as a reliable star, giving light for guidance to the ends of the earth, O father John, our teacher.

PROKEIMENON: Pray and give praise to the Lord our God. In Judea God is known; His name is great in Israel. The venerable ones will exult in glory, and they shall be joyful in their beds (no repeat.)

A reading of the Epistle from the Holy Apostle Paul to the Hebrews 6:13-20:



Brethren, when God made his promise to Abraham, since there was no one greater for him to swear by, he swore to himself, saying, "I will surely bless you and give you many descendants." And so after waiting patiently, Abraham received what was promised. People swear by someone greater than themselves, and the oath confirms what is said and puts an end to all arguments. Because God wanted to make the unchanging nature of his

purpose very clear to the heirs of what was promised, he confirmed it with an oath. God did this so that, by two unchangeable things in which it is impossible for God to lie, we who have fled to take hold of the hope set before us may be greatly encouraged. We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf. He has become a high priest forever, in the order of Melchizedek.

ALLELUIA: Alleluia (3). Come, let us rejoice in the Lord; let us acclaim God our Savior. Alleluia (3). Let us come before His countenance with praise and acclaim Him with psalms. Alleluia (3). They who are planted in the house of the Lord shall flourish in the courts of our God. Alleluia (3).

A Reading from the Gospel of Mark 9:16-31:



At that time one of the crowd came to Jesus and bowed to him saying, "Master, I have brought to you my son, who has a dumb spirit; and whenever it seizes him it throws him down, and he foams and grinds his teeth; and he is wasting away. And I told your disciples to cast it out, but

they could not." And he answered and said to them, "O unbelieving generation, how long shall I be with you? How long shall I put up with you? Bring him to me." And they brought him to him; and the spirit, when it saw Jesus, immediately threw the boy into convulsions, and he fell down on the ground and rolled about foaming at the mouth. So, he asked his father, "How long is it since this has come upon him?" And he said, "From his infancy. Oftentimes it has thrown him into the fire and into the waters to destroy him. But if you can do anything, have compassion on us and help us." But Jesus said to him, "If you can believe, all things are possible to him who believes." At once the father of the boy cried out and said with tears, "I do believe; help my unbelief." Now when Jesus saw that a crowd was rapidly gathering, he rebuked the unclean spirit, saying to it, "You deaf and dumb spirit, I command you, go out of him and enter him no more." And crying out and violently convulsing him, it went out of him, and he became like one dead, so that many said, "He is dead." But Jesus took him by the hand and raised him and he stood up. And when he had come into the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind can be cast out in no way except by prayer and fasting." And leaving that place they were passing through Galilee, and he did not wish anyone to know it. For he was teaching his disciples, and saying to them, "The Son of Man is to be betrayed into the hands of men, and they will kill him; and having been killed, he will rise again on the third day."

INSTEAD OF "IT US TRULY RIGHT…": In you, O Full of Grace, all creation rejoices: the angelic ranks and all mankind. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

COMMUNION HYMN: Let the light of Your countenance, O Lord shine upon us. Alleluia, alleluia, alleluia.

CHURCH NEWS Every day is a Holy Day of Opportunity. Pray Always.

- Father Daniel Gurovich

DAYLIGHT SAVINGS TIME: Please keep in mind that Daylight Savings time begins 'Sunday, March 10th. Please set your clocks ahead one hour on Saturday, March 9th before you go to bed. Clocks will "spring " forward.

PRAYERS: Please keep in your prayers Mr. Ed Schwartz who broke his hip on Thursday. May God help and heal him.

PYROHY FOR SALE: We have potato pyrohy for sale in the church basement for \$10.00 a dozen.

SOROKOUSTY SERVICE: The fifth Sorokousty is Saturday, May 18 at 8:00 am.

LENTEN REFLECTION & STATIONS OF THE CROSS: Thank you to Walter Camier for the informational presentation that was given. We appreciate the time he took to give us a tremendous Lenten Reflection. Thank you to everyone who worked, donated and participated in this event, it was wonderful, and we are grateful for your generosity!

FLEA MARKET: A **Spring Flea Market Sale will be held on March 16th, 2024,** from 9 a.m. to 2 p.m. weather permitting. We have an assortment of Spring Garden Supplies available for purchase such as potting soil, bird seed, grass seed, etc.. There will be ethnic foods available-pyrohy, potato pancakes, clam chowder, etc.

COME OUT AND SUPPORT YOUR CHURCH.

We are collecting "stuff" for the sale at the church hall. <u>PLEASE DO NOT TAKE THINGS TO THE CHURCH BASEMENT.</u> Call 570-256-7883 and we will gladly open the hall for you. We are collecting clean & gently used or new books, kitchenware, jewelry, knick-knacks, pictures. curtains, spring decor, tools, electronics, purses, dishes, silverware, vintage. antiques, etc. For questions or information please call 570-256-7883 or 570-592-5776. Help is needed.



PRAYER TO SAINT MICHAEL: Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.



March 2024

The **Candles on the Tetrapod** are given by Joan Cominsky for a Special Intention.

The **Eternal Light** is given by Parish in For God's Blessings on Rev. Fr. Walter Pasicznyk.

The Proscomedia Table is given by Bob Matosky in loving memory of his parents, Mike & Lillian, and his brother, Ron.

The **Candle Before the Theotokos** is given by Lisa Placek for Nicholas & Benjamin Placek.

The **Candle before the Icon of Jesus Christ** is given by the Pasicznyk Family for Ihor Pasicznyk.

The Icon Table Candle of the Transfiguration of Our Lord is by Joan Cominsky in loving memory of her parents, John & Marion, and her brother, Sonny.

The **Candle before John the Baptist** is given by Joan Cominsky in Memory of John Cominsky.



FATHER A QUESTION? Father, tell me about the Proverbs.... The Book of Proverbs contains the essence of the Wisdom of Israel - which ultimately comes from God. In this Book we find a godly world view and offers insight to us on how to live in order that we inherit heaven. Proverbs 1:7 tells us "The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction." Fear of the Lord is to say to live in charity, worship

and obedience to God. The Psalms in contrast, are poetry of praises to God, whilst Proverbs focus on instruction and wisdom. The Psalms are a song of life-their joys and difficulties-Crying out to God in times and sorrow and thanking God when times are good.

PROVERBS 1(1-19)

The proverbs of Solomon, son of David, king of Israel:

For gaining wisdom and instruction; for understanding words of insight; for receiving instruction in prudent behavior, doing what is right and just and fair; for giving prudence to those who are simple, knowledge and discretion to the young — let the wise listen and add to their learning, and let the discerning get guidance— for understanding proverbs and parables, the sayings and riddles of the wise. The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction. Listen, my son, to your father's instruction and do not forsake your mother's teaching. They are a garland to grace your head and a chain to adorn your neck. My son, if sinful men entice you, do not give in to them. If they say, "Come along with us; let's lie in wait for innocent blood, let's ambush some harmless soul; let's swallow them alive, like the grave, and whole, like those who go down to the pit; we will get all sorts of valuable things and fill our houses with plunder; cast lots with us; we will all share the loot"— my son, do not go along with them, do not set foot on their paths; for their feet rush into evil, they are swift to shed blood. How useless to spread a net where every bird can see it! These men lie in wait for their own blood; they ambush only themselves! Such are the paths of all who go after ill-gotten gain; it takes away the life of those who get it.

PRAYER TO THE GUARDIAN ANGEL

(From Saint Peter, the Strudite.)

O holy angel of Christ! With homage I come to thee, my holy guardian, who, since my baptism, hast been assigned to me to protect my sinful body and soul. I beseech thee for thy intercession, I have offended thee by my indolence and bad habits, who art without stain in glory, and I have driven thee away from myself through my shameful acts, lies, calumnies, jealousies, rash judgement, haughtiness, pride, uncharitableness, malice, cupidity, miserliness, impurity, hate, gluttony in food and drink, evil and wicked thoughts, insolent habits and evil tendencies, possessing n myself desire for carnal lust. Prostrating myself before thee, my holy guardian, I will implore thee, be merciful to me, thy sinful and unworthy servant; be my defender and aid me against my enemies and with thy intercessions make me worthy to be a participant in the Kingdom of God and with the Saints forever. Amen.

Kingdom of God and with the Saints forever. Amen.

ST. JOHN CLIMACUS - THE RUNGS OF HIS LADDER OF DIVINE ASCENT

By St. John of the Ladder (4th Sunday of Lent)

- Step 1. On renunciation of the world
- Step 2. On detachment
- Step 3. On exile or pilgrimage
- **Step 4.** On blessed and ever-memorable obedience
- **Step 5.** On painstaking and true repentance
- **Step 6.** On remembrance of death
- Step 7. On joy-making mourning
- Step 8. On freedom from anger and on meekness
- Step 9. On remembrance of wrongs
- **Step 10.** On slander or calumny
- **Step 11.** On talkativeness and silence
- Step 12. On lying
- Step 13. On despondency
- **Step 14.** On that clamorous mistress, the stomach
- Step 15. On incorruptible purity and chastity
- Step 16. On love or money, or avarice
- **Step 17.** On non-possessiveness (that hastens one Heavenwards)
- Step 18. On insensibility
- Step 19. On sleep, prayer, and psalmody with the brotherhood
- Step 20. On bodily vigil and how to use it to obtain spiritual vigil.
- Step 21. On unmanly and puerile cowardice
- Step 22. On the many forms of vainglory
- Step 23. On mad pride and unclean blasphemous thoughts
- Step 24. On meekness, simplicity and guilelessness
- Step 25. On the destroyer of passions, most sublime humility
- Step 26. On discernment of thoughts, passions and virtues
- Step 27. On holy stillness of body and soul
- Step 28. On holy and blessed prayer
- Step 29. Concerning Heaven on earth, or Godlike dispassion and perfection
- **Step 30.** Concerning the linking together of the supreme trinity among the virtues

